

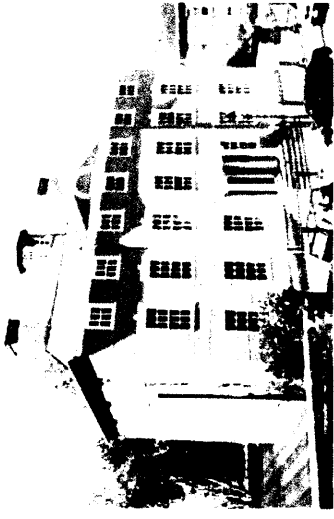
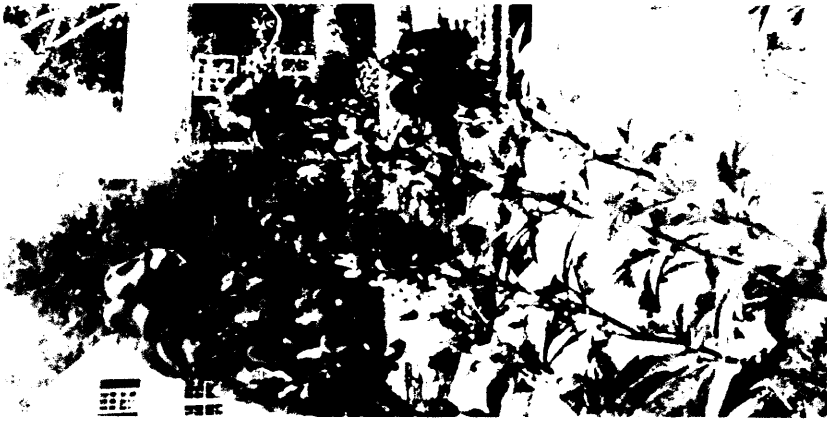
The Marblehead Garden Club was founded in 1927. It is a volunteer organization dedicated to the care and cultivation of the historically inspired gardens surrounding the Jeremiah Lee Mansion. Built in 1768, the mansion is one of America's premier high-style revolutionary era homes.

The Marblehead Garden Club, the oldest garden club in Marblehead, also contributes plantings and arrangements to a variety of community programs throughout the year.

United by a love of gardening, education and community service, the club is committed to self-sustaining organic gardening.

Welcome! Please enjoy your visit to our gardens:

- \*Bird Bath Garden
- \*Perennial Garden
- \*Sundial Garden
- \*Wildflower Garden
- \*Woodland Garden
- \*Garden between the Stairs
- \*Fothergilla Garden
- \*Herb Garden



## *of the Jeremiah Lee Mansion*

170 Washington Street  
Marblehead, MA 01945  
(781) 631-1768

## Wildflower Garden

**Dutchman's Breeches**-Used for skin/nervous conditions, blood purification.

**Virginia Bluebells**-Used for whooping cough/tuberculosis, poison antidote.

**Primrose**-Used for treating spasms, nightmares, cramps, paralysis, rheumatic pain; flowers and leaves made into syrup and tea.

**Bird's Foot Violet**-Leaves used as poultice for headaches, coughs, and colds; leaves and buds used to thicken soup.

**Herb Robert**-Used for toothache, nose bleeds, improving liver function; anti-inflammatory; prevention of stones in kidney, gallbladder, bladder.



## Woodland Garden

**Rhod. Maximum**-Leaves used as poultice to relieve arthritic pain and headaches; classified as rare to threatened by the New England Wildflower Society.

**Canada Hemlock**-Used as poultice to cleanse and tighten wounds, as mouthwash to relieve sore throats; inner bark ground into powder and used as a condiment to thicken soups.

**Sweet Bay Magnolia**-Used to treat stomach ailments; fruit used to make tea/tonic; leaves used as a condiment in gravies.

**Summersweet**-Stock of the blossom used as a soap; sweet fragrant flowers attractive to bees.

**Tulip Tree**-Root bark and seeds used to expel worms; root used for lemon-like flavoring in spruce beer.

## Bird Bath Garden

**Serviceberry**-Steeped as tea for stomach; bark and twigs as a tea for childbirth recovery.

**Blackhaw Viburnum**-Used mainly for women's conditions.

**Common Spicebush**-Bark used in tea for blood purification, for sweating out colds; berries used in a tea for coughs, cramps, measles, flatulence.

**European Pear**-Diuretic used to treat inflammation of the prostate.

**Quince Tree**-Fruit believed to aid digestion; used in making jellies and jams.

## Perennial Garden

**Gallic Rose**-Known as the Apothecary's rose; valued for its beauty, ruggedness, and herbal properties; flower petals used medicinally and for fragrance.

**Monkshood**-Roots applied externally for rheumatism and neuralgia; poisonous, used for killing rats/vermin.

**Black Snakeroot**-Roots used as analgesic, sedative, anti-inflammatory; used for sore throats, kidneys, depression.

**Peony**-Used for falling sickness, nervous afflictions; dried seeds used as a charm against evil; flowers admired/used to decorate dooryard garden.

**Obedient Plant**-Used to attract bees and other pollinators; example of what 18thc. European gardeners avidly imported from America.

## Garden between the Stairs

**Meadowsweet**-Used for rheumatism, fever and pain; reduced stomach acidity, aided digestion.

**Lady's Mantle**-Used as women's healing herb and wound relief; prevented skin infection in cuts, scrapes, and burns.

**Virginia Sweetpire**-Used to attract butterflies; used as a perfume.

**Fragrant Sumac**-Used as a diuretic and to stop bleeding; attracts pollinators; fruit was consumed raw or cooked; made into lemon-like drink and tea; fruit powder added to corn meal, cakes, and porridges.

**Black Chokeberry**-Berries used to treat colds; used as a condiment, added to other fruits to thicken when making jams.

## Herb Garden

**Horehound**-Used for coughs, asthma, ringworm, poison antidote and to ease child-bearing; used in candy, syrup, tea.

**Betony**-Leaves and flowers used

for jaundice, falling sickness, palsy, gout, dropsy and head troubles; used in tea.

**Elecampane**-Used for toothaches,

stomach ills, coughs, ringworm, lung health; made into ointment for itches, sores; candied root was a popular confection.

**Sweet Cicely**-Said to improve appetite, increase lust, prevent plague, coughs, pleurisy; used taproot as a vegetable, leaves in salads, seeds in candy and floor polish.

**Tansy**-Used for joint pain, worms,

toothache, gout; used to preserve dead bodies; used as beauty aid, spring tonic, rubbed into tables to repel insects; used as meat preservative and greenish-gray dye.

~We do not advise the medicinal use of any of these plants. The information provided here is intended only to enhance your visit.~

~Sources available upon request~